



MURIETA EQUESTRIAN CENTER

# COVID-19 RESPONSE PLAN

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*Murieta Equestrian Center*  
**COVID-19 RESPONSE PLAN**

**Protocol to be followed in the case of a suspected COVID-19 individual on grounds during Competition Hours**

1. Initiate the Chain of Communication
2. Perform Risk Assessment to identify level of exposure and potential individuals exposed to
3. Notify Employees about their exposure risk
4. Notify Participants about their exposure risk
5. If exposure occurred in an enclosed office area or follow OSHA recommendations for cleaning and sanitizing area
6. If exposure occurred in an outdoor space
  - a. Isolate affected areas with barriers
  - b. Perform deep cleaning and sanitizing of area
7. Place confirmed COVID-19 participant(s) on “no entry list” and distribute to the competition grounds entry staff.
8. Provide contact and other information to health officials as requested.

**Returning to the Competition Grounds After an Illness**

After an illness and depending on your healthcare provider’s advice and the availability of testing, you can return to the competition grounds based on the health scenarios listed below.

<b>Individuals</b>	<b>Minimum Criteria for Return to Competition Grounds (CDC As of June 7, 2020)</b>
<b>Symptomatic Positive</b>  Individuals with symptoms who are laboratory confirmed to have COVID-19	At least 3 days (72 hours) have passed since recovery, defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); and, at least 10 days have passed since symptoms first appeared.
<b>Asymptomatic Positive</b>  Individuals who never had symptoms and are laboratory confirmed to have COVID-19	A minimum of 10 days have passed since the date of their first positive COVID-19 test. If they develop symptoms, then the criteria for laboratory confirmed cases with symptoms apply.

<p><b>Symptomatic Negative</b></p> <p>Individuals who had symptoms of COVID-19 but test result returned negative</p>	<p>Use the same criteria for return to the competition grounds as laboratory confirmed cases.</p>
<p><b>Asymptomatic Negative</b></p> <p>Individuals who never had symptoms but were tested due to close contact with a laboratory confirmed case patient and were negative</p>	<p>Individuals should quarantine at home for 14 days after the last known close contact with the case patient. Symptoms can develop even after testing negative within 14 days after exposure.</p>
<p><b>Symptomatic Untested</b></p> <p>Individuals who had symptoms of COVID-19 but were not tested</p>	<p>Testing is highly recommended. If the individual cannot be tested, use the same criteria for return to competition grounds as laboratory confirmed cases.</p>
<p><b>Asymptomatic Untested</b></p> <p>Individuals who had close contact to a laboratory-confirmed case at work, home, or in the community and do not have symptoms.</p> <p><b>OR</b></p> <p>Individuals who refuse or are unable to be tested after close contact with a laboratory confirmed case, despite recommendation for testing from LHD or healthcare provider, and do not have symptoms.</p>	<p>Individuals should be quarantined at home for 14 days after the last known close contact with the case patient.</p> <p>Testing is highly recommended Individuals who develop symptoms of COVID-19 while in quarantine should contact their healthcare provider. Even if they are not tested, the same criteria for return to work should be used as laboratory-confirmed cases.</p>

## **CDC SYMPTOMS OF COVID-19**

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately. Call 911 or call ahead to your local emergency facility and notify the operator that you are seeking care for someone who has or may have COVID-19.

- Emergency Warning Signa
- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion Inability to wake or stay awake
- Bluish lips or face

## **Important USEF Regulations**

While Show Management is available to address any questions or concerns on the COVID -19 Response Plan, it is important for all individuals to note the following requirements of USEF.

Under USEF Rules, and as printed in the USEF Action Plan for Return to Competition:

“The Competition Organizer has the authority under GR 702.1 and GR914 to remove from the facility any person who does not comply with the regulations and requirements in effect at the competition..... Participants are required to comply with these and any additional Competition Organizer requirements at all times while present on competition grounds. Failure to do so may result in expulsion from the grounds.”

## **AREA HOSPITALS**

Mercy Hospital of Folsom,  
1650 Creekside Dr, Folsom, CA 95630  
(916) 983-7400

Mercy San Juan Medical Center,  
6501 Coyle Ave, Carmichael, CA 95608  
(916) 537-5000

Kaiser Permanente Folsom Medical,  
2155 Iron Point Rd, Folsom, CA 95630  
(916) 817-5000

Kaiser Permanente Sacramento Medical Center,  
2025 Morse Ave, Sacramento, CA 95825  
(916) 973-5000

Kaiser Permanente South Sacramento Medical Center,  
6600 Bruceville Rd, Sacramento, CA 95823  
(916) 688-2000